

New Westminster DPAC

School District 40

Date: October 20, 2022

Location: FRMS/Zoom Virtual Meeting

Time: 7-9 pm

GENERAL MEETING MINUTES

Chair: Laura Kwong (Chair, Ecole Qayqayt Elementary)

Minute Taker: Cyrus Sy (Secretary, New Westminster Secondary School)

Executive: Renee Mosi (Treasurer, NWSS), Sue Kenny (Queen Elizabeth Elementary School)

Guests: Dee Beattie (School Board Trustee), Mary Lalji (School Board Trustee), Rick Bloudell (SD40), Graeme Partridge-David (Family Smart), Chelsie Goodchild (SD40), Chad Oatway (SD40)

Parents/Guardians (via Zoom): Larisa Ciprian (Skwo:wech Elementary), Charmaine Urbano (Fraser River Middle School), Barbara Fulham (Lord Kelvin), Krista Macaulay (Lord Tweedsmuir), Kathleen Carlsen (NWSS), Cheryl Sluis (EGMS, NWSS), Shawn Sorenson (Qayqayt), David Jansen (Herbert Spencer), Lara DeWitt (Herbert Spencer), Trish Robinson (Ecole Glenbrook Middle School), Heather (Connaught Heights)

Meeting called to order at 7:02 pm

Time	Item	Owner
7:06	Welcome, Call to Order & Territory Acknowledgement, Attendance	
	Approval of Agenda <ul style="list-style-type: none">Replace Indoor Quality with Affordability fund under New Business MOTION TO APPROVE: Kathleen (NWSS), SECOND by Larisa (Skwo:wech), CARRIED	
	Approval of September and June Meeting Minutes MOTION TO APPROVE: Trish (EGMS), SECOND by Charmaine (FRMS), CARRIED	

7:10	<p>Standing Reports</p> <ul style="list-style-type: none"> ● Treasurer's Report (Renee) <ul style="list-style-type: none"> ○ Have not received word on our gaming grant, we should receive answer in a few weeks ○ This will be the final year for our Treasurer. If you are interested in taking on this role, please reach out to Laura. ● Chair Report (Laura) <ul style="list-style-type: none"> ○ Thank you to everyone for being here tonight ○ BCCPAC summit for DPACs is Nov 18-19th in Richmond. Each DPAC is allowed to send 4 members, 2 each day. ○ BCCPAC will reimburse expenses. Send e-mail newwestdpacchair@gmail.com if you would like to attend ○ A statement from Liam and NWSS student was read out re: communications at board meetings ● School Board Trustee Update - Dee Beattie <ul style="list-style-type: none"> ○ Response to Letter from Liam: Stated that Liam was able to finish his 2 minutes during the board meeting, and that the board has never been invited to meet with members of the football team re: concerns. ○ Introduced new trustees Cheryl Sluis, Elliott Slinn, Marc Andres, and returning trustees: Danielle Connelly, Gurveen Dhaliwhal, and Maya Russell ○ Operations Meeting scheduled for November 8th. ○ # of new registrations has been quite high. Nearly all of our schools are at max capacity. ○ New diversity and equity principal Kenneth Headley has started role at District ○ Starting a brand new pilot project at Queensborough elementary tied with the Strong Start program. 1-4 year old pre-school program. 	<p>Renee</p> <p>Laura</p> <p>Dee Beattie</p>
	<p>Guest Presenter - Graeme Partridge-David (Family Smart)</p> <ul style="list-style-type: none"> ● Family Smart provides resources for families with children with mental health challenges & supports families when they need it the most ● Free service, no waiting lists ● Helps to break the isolation, and provide relief of knowing that there are other parents going through the same thing ● Will get referrals from mental health professionals, ● Once a month there is an online zoom meeting called InTheKnow ● There have been 5 sessions a month ● Videos are posted on the website. Topics include anxiety, eating disorders ● Parents can reach out directly to FamilySmart 	<p>Graeme Partridge-David</p>

	<ul style="list-style-type: none"> FamilySmart occasionally receive referrals from school counselors <p>For more information contact Graeme at: graeme.partridge-david@familysmart.ca</p>	
	<p>Guest Presentation - Physical Literacy</p> <ul style="list-style-type: none"> Chad is a teacher from FRMS, Coach and Parent in district, Physical Literacy Mentor Physical Literacy can benefit mental well being. Research shows low physical activity means lower mental well being Canadian child/youth received a D+ for Particpaction REPORT CARD Program uses teacher education to promote physical activity Physical Literacy – motivation -> physical competence -> confidence Goal is to be active for life Confidence and motivation The missing component of Physical literacy is cooperation We don't see physical literacy at the same level of numerical and reading literacy PE gives you only 1 block of physical activity in Gym – provides additional physical activity outside of gym class School Physical Activity and Physical Literacy Project: www.schoolpapl.ca Outdoor Movement Pathways, Outdoor Equipment Q: Are there opportunities for intramural activities? Answer: This is dependent on the schools and volunteers. With intramurals it increases access to sport to more students. There is no requirement for PE after Grade 10. What do you feel about your movement in front of the screen : Go Noodle – outside play with other children is very therapeutic vs. screen based played. ***Funding for this program comes from the Ministry of Health – funding does not come from the district → at risk of losing this funding next year. The program gives teachers in class professional development. 	Chad Oatway, Chelsie Goodchild
	<p>Wellness Center Advisory Group</p> <ul style="list-style-type: none"> Rick manage community and partnerships Works out of the wellness center Plug for wellness center event for caregivers and families in late November Middle schools have hosted White Hatter presentation We want to expand the opportunity to high school and middle students who could not attend This session will be on Digital Literacy and Internet Safety. November 23, 630-8pm 	Rick Bloudell (SD40)

	Correspondence none	
	School Reports <ol style="list-style-type: none"> 1. Skwo:Wech Elementary (Larisa) <ol style="list-style-type: none"> a. Tip to help build more PAC participation: Call out the roles that are available to parents who are not necessarily available at all times of the day b. Bringing Back our Halloween Howl (new gym, new props), after two years. 2. EGMS (Trish) <ol style="list-style-type: none"> a. Haven't had PAC meeting yet b. Tip for PAC Participation: Reach out to other parents on other PACs like Herbert Spencer to share ideas 3. Fraser River Middle School (Charmaine) <ol style="list-style-type: none"> a. AGM was held and new PAC members b. Parent Night on Social Media and Safety - White Hatter on Oct 7th c. Planning to get Saleema Noon as speaker d. PAC Tip: Consider doing dinners before PAC meeting, remind parents that they don't always have to come to events in school 4. Lord Tweedsmuir (Krista Macaulay) <ol style="list-style-type: none"> a. PAC Tip: Try to make meetings more accessible and less formal. Explain why rules/democ are used. b. Looking at different speakers, and using hybrid meetings. 5. NWSS (Cyrus) <ol style="list-style-type: none"> a. Had our first meeting on Sept 27th. New 9 PAC members! b. Spirit Wear Fundraiser c. Unlocking Your Future Seminar on Nov 15th – This informative, free education session is funded through our PAC. Purpose is to help parents and students to navigate scholarship process. d. Tips For PAC: Have info session for incoming Kindergarten Parents, BCCPAC 101 course can help a lot. There are a lot of financial benefits such as gaming grants. 6. Connaught Heights (Heather) <ol style="list-style-type: none"> a. First PAC meeting was held and was well attended compared to previous years. b. 3/5 of the executive are new, and would benefit from the PAC 101 course c. Not planning a halloween event, but planning a winter fair and doing some fundraiser d. PAC Tip: Encourage others to get involved so they can get more connected to the school and community. 	

	<ol style="list-style-type: none"> 7. Qayqayt Elementary (Laura) <ol style="list-style-type: none"> a. Hot Lunches b. Read-A-Thon going at the end of 2022 c. Treat Tuesdays - treats are ordered online d. Selling tickets for the Canucks Alumni and NWPD hockey game. e. Pro-D Day – Put on a course for Grade 4-5 to help them stay safe when home alone. <ol style="list-style-type: none"> i. First Aid Hero: https://firstaidhero.com/ 	
	<p>Old Business</p> <ol style="list-style-type: none"> 1. All Candidates Meeting <ol style="list-style-type: none"> a. Thank you to all the trustee candidates, and to student voice who was instrumental in helping run the event. b. Thank you to all those who submitted questions. 2. Q&A – MLA Whiteside <ol style="list-style-type: none"> a. We have confirmed attendance for the January Meeting. She will be attending in person, but will have a hybrid meeting. We will collect questions in advance. 3. Area Standards Revision Work <ol style="list-style-type: none"> a. Advocacy work is ongoing. Next Wednesday we’re going to talk changes to area standards with other DPACs. Interested parents can e-mail the DPAC chair. 	
	<p>New Business</p> <ol style="list-style-type: none"> 1. Overcrowding and overcapacity in our district has become a major issue in recent years. <ol style="list-style-type: none"> a. District staff are starting to use community space to make space for students. b. Enrollment procedures will be subject to lottery selection process. c. All schools except three are over capacity. d. The proposed new elementary school will be built next to FRMS. e. What can DPAC do: <ol style="list-style-type: none"> i. will continue to put pressure on stakeholders to better plan for schools to match growth ii. Changes to area standards document; look to other cities like Nanaimo-Ladysmith iii. DPAC would like to form a sub-committee to work on these issues around overcrowding and overcapacity. If you would like to join us please send newwestdpachair@gmail.com 2. YouTube in Classrooms <ol style="list-style-type: none"> a. Parent was asking how students can use YouTube without Ads, \$10 a month b. There is value in YouTube as some channels (eg. Mark Rober, 	

	<p>GoNoodle) do provide worthwhile activities</p> <ul style="list-style-type: none"> c. A parent has asked if school can help support or pay for YouTube subscription d. Suggest to check with school admin first then report back 	
	<p>Adjournment: 8:49 by Kathleen, Seconded By Charmaine</p> <p>Next Meeting: November 17, 2022</p> <p>At: Zoom, Skwo:wech</p>	