

ISOLATION PERIODS – January 20, 2022

For symptomatic individuals: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation>

- If tested positive for COVID-19:
 - Fully vaccinated individuals isolate for 5 days. Fully vaccinated means having had two doses of any WHO-approved COVID-19 vaccine, or one dose of the Janssen COVID-19 vaccine.
 - Unvaccinated/partially vaccinated individuals isolate for:
 - 5 days if <18 years of age
 - 10 days if 18+ years of age
- If symptomatic, but testing was not recommended:
 - Self-isolate until symptoms improve, no longer have a fever, and feel well enough to return to normal activities.

For contacts: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation/close-contacts>

- Close contact definition: generally someone who has been near a person with COVID-19 for at least 15 minutes when health and safety measures were not in place or were insufficient.
- Isolation is not currently indicated for close contacts. Close contact are to monitor for signs and symptoms and if they develop, see above.

Testing guidance: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/testing/when-to-get-a-covid-19-test>

- Testing is recommended for people who are either (1) moderately to severely immunocompromised, (2) individuals who are 18+ years of age who are unvaccinated or partially vaccinated, (3) live or work in high-risk settings (this does not include K-12), AND have symptoms associated with COVID-19 infection.